



**Ecclesfield Primary School**

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Executive Head J. Eagleton BSc Hons PGCE NPQH

25th February 2025

### Year 3 Greek Food Tasting

Dear Parents and Carers,

As part of our Design and Technology lessons, we will be designing and making our own Greek inspired lunch dish. As part of our learning leading up to this, we are going to be tasting the following foods:-

- Bread - pitta, wholemeal bread, tortilla wraps
- Salad leaves - rocket, iceberg lettuce, spinach
- Spread - hummus, tzatziki, mayonnaise
- Protein - chicken, butter beans, feta cheese
- Salad vegetable - cucumber, tomato, onion

We will then be comparing the tastes of the foods, discussing what we liked and what flavours we could taste. Following on from this, the children will be selecting ingredients and designing a lunch dish just for you!

Please complete the **ParentPay** offer entitled "Greek Food Tasting" by 11.59apm on Wednesday 5th March to indicate whether you give permission for your child to participate in this activity. We shall be practicing and learning about good hygiene throughout the sessions as part of our learning including hand washing and using cocktail sticks to select the pieces of food to taste.

If you do not complete the **ParentPay** offer, your child will not be able to join in with this activity.

If you would like any further information, please do not hesitate to contact the school office.

Thank you

Y3 Team

